



PLASTIC SURGEON

Anita Mandal, MD

Facial Plastic Surgeon - Master Injector, Facelift & Eyelid Expert, Minimal Invasive Facial Rejuvenation Specialist

Insta-ContourLift After Weight Loss

Question: After losing 30 pounds, I look much slimmer but now have sagging upper arms, neck and stomach skin. I've heard a lot about Thermage, Ultherapy, RF micro-needling and several other devices. I tried the SecretRF and Morpheus but only had slight improvement after having multiple painful treatments and waiting 6 months for the results. I can't stand my loose, crepey skin but don't want surgery with scars. Is the Insta-ContourLift any better for skin laxity after weight loss?

Answer: The devices you mentioned are trending, but just because you hear more about a device doesn't make it superior. Doctors and patients alike are not always aware how much money device manufacturing companies spend to create the illusion that their device is the best.

Putting the marketing chatter aside, I focus on the actual technology and how effectively it translates into visible, long-term results. I'm quite familiar with devices like Morpheus8, secret RF, Thermage, Ultherapy and many others, some of which I own and have used over the years. Based on personal experience with these devices, I find the Insta-ContourLift had made significant advances making it, by far, superior.

Unlike generic skin tightening devices, the Insta-ContourLift gives immediate skin contraction as well as lifting and volumization. Unlike the multiple treatments needed with generic tightening devices, 1 session with the Insta-ContourLift can give similar or even better results than 3 traditional RF or ultrasound treatments.

Nearly all tightening devices are painful due to the energy required to achieve tightening. In contrast, the Insta-ContourLift utilizes a patented water cooling system to cool the skin, thus minimizing thermal damage, eliminating downtime and making for a comfortable, pain-free treatment experience without numbing creams or other medications.

What's especially unique about the Insta-ContourLift is its delivery of long-pulse energy that introduces 20 to 40 times higher energy to the dense collagen layer in the skin. This high energy, safely delivered, is what causes immediate skin contraction and volumization seen

Anita Mandal, MD

Mandal Plastic Surgery Center

Address: 2401 PGA Blvd., Suite 146, Palm Beach Gardens, FL 33410

Phone: 561-238-0040

www.mandalplasticsurgerycenter.com

E-mail: conciierge@mandalplasticsurgerycenter.com

during the actual treatment with instantly visible results. Most other devices can only deliver much lower energy, thus requiring multiple treatments.

The Insta-ContourLift can effectively treat skin laxity of the arms, abdomen, thighs, back, face, neck as well as knees in patients after significant weight loss with loose, crepey skin. It also works just as well for skin laxity from the aging process in patients who are not ready for surgery, but still want to look rested and refreshed.

In summary, the benefits of the Insta-ContourLift over most other skin tightening devices include:

- Instantly visible results after just 1 treatment in majority of patients
- Pain-free, comfortable treatments without the need for numbing cremes
- No downtime
- Long-lasting results due to higher energy delivery
- Effective for entire face, neck as well as body due to adjustable treatment settings tailored to the specific area treated

If you are preparing for a birthday, class reunion, anniversary, wedding, job interview, important social event or just want to look rested and refreshed without surgery or downtime, the Insta-ContourLift might be for you.

Call our office today at 561.238.0040 for an Insta-ContourLift consultation. As a double board certified Facial Plastic Surgeon, Dr. Mandal's philosophy is to reverse the signs of aging without making you look different, unnatural or distorted. She believes that a cosmetic procedure should make you appear rested, refreshed,

more youthful as if you are aging beautifully on your own without any obvious signs of having had work done.



Dr. Anita Mandal is a double Board Certified Facial Plastic Surgeon who specializes in facial rejuvenation, cosmetic surgery and non-invasive body contouring. On the medical staff at Jupiter Medical Center, her on-site offices house surgical and laser suites. Dr. Mandal's expertise lies in giving natural results and defined contours using the latest, most advanced techniques.